



Summer Camp



**There are many benefits to sending your child to summer camp!
Camp is NOT just a "daycare" option for working families!**

...and camp at AAGA is SO MUCH more!1

At Summer Camp Children will...

- 1) Be physically active and learn ways to **STAY** physically active even when Summer Camp is over.
- 2) Gain confidence; not only in the gym but at home and in school as well.
- 3) Learn social skills, team work, and learn to develop new friendships.
- 4) Become Resilient as they learn to fall and get back up, work hard and overcome obstacles.
- 5) Develop Independence; learn to make decisions, and accomplish tasks on their own without their parents help.
- 6) Unplug from Technology, and have good "old fashion" fun! They also learn to communicate face to face.
- 7) Try **NEW** things; your child will leave their comfort zone and try skills and activities that they may have never done before!
- 8) Have free time for unstructured play.
- 9) Your child will **GROW!** Socially, emotionally, intellectually, morally, and physically!

